**Beyond Awareness: Taking Action for Youth Mental Health**

**(ForYouPage.Org 2025 Summit)**

**Date:** Saturday, September 20, 2025  
**Venue:** Online (Zoom): <http://foryoupage.org/2025JoinNow>  
**Time:** 10AM – 2PM EST

**Program Schedule**

| Time |  |  |
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| 10:00 AM- 10:10 AM | Event Opening, Community Agreements, and Ice Breakers | * Arc Telos Saint Amour |
| 10:10 AM – 10:15 AM | Welcome to FYP 2025 Event | * Arc Telos Saint Amour |
| 10:15AM-10:20AM | Introduction of Keynote Speaker | * Arc Telos Saint Amour |
| 10:20AM-10:35AM | UN Science Summit Keynote Speech: “Community and Mental Health: Reimagining Meaningful Youth Engagement for Global Wellbeing” | * Judah Njorge |
| 10.35 AM - 11:20 AM | Panel Session: UN Science Summit  “Community and Mental Health: Reimagining Meaningful Youth Engagement for Global Wellbeing” | * Judah Njorge * Benny Prawira Siauw * Issac Lara * Anpotowin Jensen * Arc Telos Saint Amour (Moderator) |
| 11:20AM-11:25AM | Transition to Breakout Sessions | * Arc Telos Saint Amour |
| 11:25AM-12:15PM | Breakout Session 1A  **“Breaking Barriers and Promoting Youth Mental Health Equity”** | * Nze Okoronta * Ross Layton * Dr. Sean Thum * Alyna Lim (Moderator) |
| Breakout Session 1B  **“The Power of Connection: Fostering Social Support for Youth Wellbeing”** | * Marx Wang * Kate Barranco * Mercy Mkandawire * Glen Koh (Moderator) |
| Breakout Session 1C  **“Policy, Action, and Youth Mental Health: Why Grassroots Advocacy Matters for our Global Future”** | * Saanvi Arora * Connor Dalgaard * Emmy Egulu * Ronit Chakraborty (Moderator) |
| 12:15PM-12:25PM | Reflections from Breakout Sessions | * Alyna Lim |
| 12:25PM-12:35PM | **Transition + Raffledraw** | * Alyna Lim |
| 12:35PM-01:25PM | Breakout Session 2A | * Youth Move National |
| Breakout Session 2B | * Youth Power Project |
| Breakout Session 2C | * Channel Kindness; Born This Way Foundation |
| 01:25PM-01:30PM | Reflections From Breakout Sessions | * Judah Njorge |
| 01:30PM - 01:40PM | Acknowledgements | * Dr. Oluwaferanmi Omitoyin |
|  | Closing of FYP 2025 Summit | * Dr. Oluwaferanmi Omitoyin |